## Pouls pour des \\\\ Solutions **Humaines** Pouls pour des Solutions Humaines - PoSH "In times of crisis, we must build bridges to heal and uplift humanity." **Contact us: Pulse for** +41 76 785 15 85

## Call to **Action:**

PoSH invites everyone to join its network to improve the lives of affected individuals and communities. Any contributions and support make a significant difference in promoting equality, social integration, and empowering vulnerable groups.

Be part of PoSH to achieve a better and more sustainable future for all.

#### Address:

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Pulse for Humane Solutions (PoSH) is an international non-profit association operating in the fields of sustainable development, humanitarian action, and peacebuilding. PoSH is established based on the "Triple Nexus" principle.

Humane

**Solutions** 

Pulse for Humane Solutions (PoSH) Commitment, Cooperation, Impact. A Door of Hope



To provide a comprehensive and effective crisis response in conflict zones, areas affected by natural disasters, and refugee-hosting countries, focusing on delivering sustainable solutions that meet human and developmental needs.

# The "Triple Nexus" Principle: Definition and Application:

The "Triple Nexus" principle represents the interlinkage between three sectors: humanitarian action, development and peacebuilding. This approach aims to enhance cooperation and coordination among actors of these sectors to ensure a comprehensive and sustainable crisis response.



### Humanitarian

Humanitarian action provides immediate relief to communities impacted by conflict and natural disasters, focusing on essentials like food, water, shelter, basic healthcare, and protection.



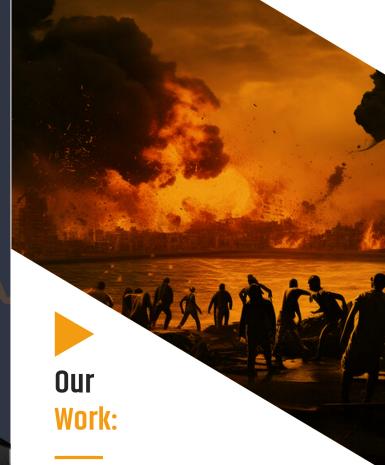
## Sustainable **Development**

Sustainable development aims to address the root causes of poverty by providing economic opportunities, education and furthering human rights and healthy institutions.



## Peacebuilding

Peacebuilding seeks to enhance peace and stability through conflict transformation and strengthening rule of law and peaceful coexistence among different societal groups.



- Peacebuilding, Mediation and Conflict Resolution
- Psychosocial support for men, women, boys and girls
- Transition from emergency relief to sustainable development to achieve self-sufficiency.
- Community Development and Capacity Building via training and awareness raising.